

Our Natural State

There is a saying that the path and goal are the same. The goal is the Divine. Therefore, the path must be the affirmation of the Divine. The goal is to know our oneness. Therefore, the path must be a path of oneness, not, that I who am separate from God must become one with God, but rather that all is one now. The path is to get rid of those ideas in our mind that contradict the fundamental truth that God alone is, and, therefore, that even now we are That.

There is another way of describing the goal and that is the natural state. What it suggests to us is that *God alone is* is the truth here and now. We don't have to change anything except our angle of vision, the way we see what presently is. It is our natural state. And if it is our natural state, if everything is perfect now, then to as great a degree as we can, we should live a natural life.

Some people take that to mean that we should go back in time—one generation, five generations, or ten generations—and live the way that they lived. But, of course, for most that is not practical and indeed not necessary, because perhaps a natural way of living has more to do with our needs than our wants.

What makes our lifestyle unnatural is wanting things to be different from the way they are, thinking our happiness depends upon something changing, rather than recognizing the treasure that we presently have. And where is that treasure? That treasure is ourselves. When we want things, when we want things to change we move out of ourselves into our desires. When we live naturally, we are always aware of ourselves, of that deep peace; and from there we function in this world in a natural way, in a harmonious way.

Harmony is our goal—to be in harmony with ourselves and the world outside because all is one. And the goal of harmony is reached by the path of harmony. It is a natural life to reach the goal that is already here—our natural state.