



BHARATIYA TEMPLE OF LANSING, INC.

955 Haslett Road, Haslett, MI 48840

<http://lansingtemple.org>



Phone: (517) 339-6337

Tax Exempt ID No.: 38-2399465

Year 2006, Issue 1
January 2006

Board of Trustees

Chairperson

Smruti Shah
517-347-1209

Vice Chairman

Rajiv Das
517-347-9843

Secretary

Shiv Kumar Singh
517-622-3681

Treasurer

Vacant

Executive Board

Members:

Sanjeev Deshpande
517-349-9942
Pardeep Kumar
517-347- 2930
Leela Mohan
517-321-5992
Manohar Naga
517-332-4944
Pratin Trivedi
517-349-5134

What's inside –

- **Board of Trustees Election and new office bearers**
- **New Committees**
- **Article by Leela Nair**

January 20 , 2005

Dear Temple Devotees:

1. This is the first issue of the newsletter for the year 2006. We have successfully published five issues last year to provide the community with detailed information regarding the major events at temple and other tasks before the board of trustees.
2. We would like to hear from you regarding the content of this newsletter. Please provide input via email to Rajiv R Das (dasrajiv@msu.edu) or Shiv Kumar Singh at (shivksingh@gmail.com).
3. The Special Tasks committee will be making improvements for the temple website to collect your suggestions online, making the temple operations more transparent and add a section on FAQ (Frequently Added Questions).

Yours Truly,
Board of Trustees
Bharatiya Temple of Lansing

Board of Trustees Election for 2006

The annual general meeting of Bharatiya Temple of Lansing on December 4th, elected following new Board of Trustees for the year 2006 -

- Sanjeev Despande
- Pardeep Kumar
- Leela Mohan
- Manohar Naga
- Bidhan Redey *
- Pratin Trivedi.

Note: Board has regretfully accepted resignation of Mr. Bidhan Redey effective January 23, 2006.

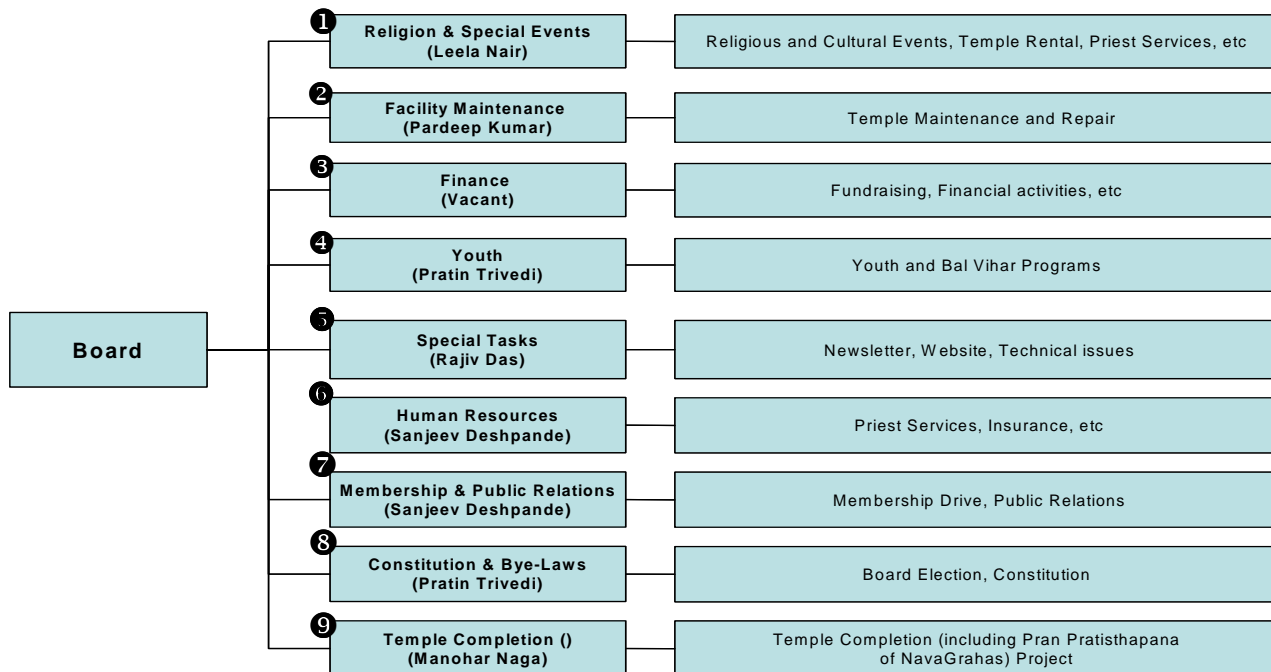
The Board of Trustees of have nominated following office bearers for the year 2006 -

- Smruti Shah (Chairperson)
- Rajiv Das (Vice-Chairman)
- Vacant
- Shiv Singh (Secretary)

Executive Board Members -

- Sanjeev Deshpande
- Pardeep Kumar
- Leela Mohan
- Manohar Naga
- Pratin Trivedi.

BTL Committees, Leads and key activities



VOLUNTARY SIMPLICITY by Leela Nair

“Every human being has a work to do ,duties to perform ,influences to exert which are peculiarly his and which no conscience but his own can teach”

Voluntary simplicity means giving up certain luxuries in order to embrace greater meaning and value in one's life willingly. It means different things to different people. It may mean going to fewer places in any given day, seeing less so you can see more, spending less so you can give more and doing less so you can do more. For some it may mean having more time, more money, less stress, less clutter, fewer bills to pay or greater calmness and peace of mind. In today's complex world with all its demands and time restraints embracing and practicing this life style may be an oxymoron of sorts.

Within the organized chaos of our family life there are some skills we can apply to simply life matter how complex our lifestyles may be .The following suggestions are being offered as aid to help in the process of practicing voluntary simplicity .This has to be tailored to individual life circumstances and does not have a blanket application to all situations.

Make small livable alterations to your life taking into account your values, wants and needs. Keep in mind needs are essential and wants are optional.

Make a resolution to live life consciously and not cater to passing impulses.

Stretch time by slowing down.

Develop new ways of solving old problems.

Schedule relaxing activities as part of your day.

Free yourself from impossible expectations from yourself and others.

Clarify your values and try to live life by design and not default.

Mastering the art of being assertive and setting limits to person, places and situations.

Make conscious decisions of making small changes for the larger good.

Learn to give up desires not because you have to but because you want to.

“You must learn to be still in the midst of activity, and to be vibrantly alive in repose.” Indira Gandhi

“The least of things with a meaning is worth more in life than the greatest of things without it”. Carl Jung

Membership Drive

We appeal to our devotees to join the temple membership. The new membership is available at the temple front desk. Please call Sanjeev Deshpande at 517-39-9942 for more information. We have a target to enroll 100 new members and need your help and support.

<p>a. From Detroit and Ann Arbor:</p> <p>I-96 West to Okemos Road (exit 110). Turn right (north) at STOP sign, go 5 miles. Turn right (east) at Haslett Road, go 2.5 miles (about 1 mile past the railroad track) till Haslett Road forks & See note.</p>	<p>d. From Jackson:</p> <p>127 North to Saginaw exit (do not take 496 Downtown exit), turn right (east) onto Saginaw. Go past Harrison, Abbott. Stay in right lane; take Haslett Toad fork to the right. Go past Okemos Road and Marsh Road. Cross railroad tracks. Go about 1 mile past the railroad track till Haslett Road forks & See note.</p>
<p>b. From Flint:</p> <p>I-69 West to East Lansing (exit 94). At the second stop light, turn left (south) onto Marsh Road and go 2 miles. Turn left (east) at Haslett Road. Go 1.3 miles till Haslett Road forks & See note.</p>	<p>e. From Kalamazoo and Battle Creek:</p> <p>I-94 East to I-69 North to I-96 East. Take exit 110 to Okemos Road. Turn left (north) at STOP sign and follow directions as in a.</p>
<p>c. From Grand Rapids:</p> <p>I-96 East to I-69 East (going to Flint). Take exit 94. Follow directions as in b.</p>	<p>f. From Mt. Pleasant, Alma, and Midland:</p> <p>27 South to exit 87, I-69 East (to Flint). Take exit 94. Follow directions as in b.</p>



Note: When Haslett Road Forks stay in the right lane. Temple is the 1st building on the right

**Bharatiya Temple of Lansing
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