See God in All

Sometimes when devotees used to write to Gurudev outlining certain problems they were having, Gurudev would write back, "See God in all." Indeed, that advice is not only a solution Gurudev gave to individual problems, but we could say that it is the purpose of our spiritual life. First we have to find God within and then see Him in all these names and forms and serve Him in all these names and forms.

This is easy enough to say, but somehow we don’t seem to be able to do it. Whatever God we have seen outside or found inside, we are not able to cover the world with It. We are not able to see God in all.

Is there a fundamental reason for this deficiency? Basically it is because the God that we are trying to see in all we’re trying to see as an object—something similar to the God we previously have found outside or within. But the God we must ultimately see can never be an object. It is all things, and, most especially, it is ultimately unknowable to the mind.

Therefore, if we want to see God in all, we have to be prepared to not have Him as an object of any sort. It means that we see ourselves outside, and the ourselves we see outside will be, according to the scriptures, unknowable, unthinkable, unimaginable to the mind. In other words, the prerequisite to seeing God in all is that it must be a subjective experience, not an objective one.

To accomplish that we have to give up the idea that ultimately we are anything that we can know. Thinking that we know who we are, is what ego is. The final renunciation before realizing that Unknowable, is the renunciation of any objective idea of who we are. “Abandoning all dharma-s take refuge in Me alone.” Dharma-s includes, I must be a good person, I should do this, and I should do that. Abandoning all dharma-s means giving up all ideas whatsoever of who we are and what we should do and just taking refuge in the Lord. In other words, just be. And it is from that being that we see God in all.